

Cary Rick

Board Certified Dance/Movement Therapist (BCDMT)
American Dance/Movement Therapy Association (ADTA)

Founder and Director, *Institut for Movement Analysis (IBA)*

1 Performance

Solo dance performances (1968 - 1983)

France	<p>Carré Thorigny, Paris (32 performances) Théâtre de l'Ouest Parisien Centre Broca, Paris Théâtre Municipal, St. Denis Festival d'Avignon, (6 performances) Festival des Beaux de Provence Centre Municipal, Cognac Théâtre Municipal, Caen Maison des Arts et Loisirs, Strasbourg (4 performances) Centre Municipal, Angoulême Théâtre Municipal, St. Etienne</p>
Finland	<p>Swedish Theater, Helsinki Theater of the Workers Institute, Helsinki Civic Theater, Kuopio Civic Theater, Kotka University Theater, Tampere Swedish Theater, Turku University Theater, Jyväskylä</p>
Italy	<p>Municipal Theater, Ravenna (3 performances) Teatro Goldoni, Bagnacavallo Teatro Storchi, Modena Opera Goldoni, Cesena Municipal Theater, Santarcangelo di Romagna Espacio Zero Theater, Rome (Goethe Institut Festival)</p>
Germany	<p>Kammerspiele, Cologne (2 performances) University Theater, Bonn Folkwangschule, Essen-Werden (2 performances) Municipal Theater, Landau Municipal Theater, Remscheid Municipal Theater, Freiburg im Breisgau</p>
England	<p>University Theater, London (Summer Festival, 13 performances)</p>
Sweden	<p>Klara Theater, Stockholm (4 performances)</p>
Netherlands	<p>Municipal Theater, Utrecht (4 performances) Municipal Theater, The Hague (2 performances)</p>
Belgium	<p>Municipal Theater, Liege Chapelle Bondael, Brussels</p>
Tunisia	<p>Tabarka, Amphitheater, International Festival of (2 performances)</p>
USA	<p>University Theater, Milwaukee Frances Parker Auditorium, Chicago Athenaeum Theater, Chicago Playwrights Theater, Chicago</p>

Guest appearances as a dance soloist

with Dore Hoyer at the Berlin Academy of the Arts and
Deutsches Schauspielhaus, Hamburg

with Marcel Marceau, at the Théâtre des Champs Elysées,
Paris, France. 52 performances

with Marlene Dietrich, UNICEF Gala performances
at the Espace Pierre Cardin, Paris, France, 2 performances

Televised transcriptions of solo dances

Cary Rick Dances, Helsinki, color, 25 Minuten
Cary Rick Dances, Discorama, ORF I, Paris, 25 Minutes

Ensemble choreography

Jeunesse, music: M. Ravel, Helsinki Municipal Theater, Finland
Wonder, music: S.Wonder, Ballet Theater Strasbourg, France
Mikrokosmos, music Bartok, Les Arts Scéniques, Strasbourg, France
Fragments, music: Bach, Les Arts Scéniques, Strasbourg, France
Trio, music: Stravinsky, Les Arts Scéniques, Strasbourg, France

Choreography for plays

Marat- Sade, Landestheater Schleswig, Germany
Volpone, Municipal Theater Helsinki, Dir. Eugen Tertula, Finland
Fuhrmann Henschel, Freie Volksbühne, Dir. Erwin Piscator Berlin, Germany
Twelfth Night, Municipal Theater, Dir. Eugen Tertula, Helsinki, Finland

Play Direction

Leonce et Lena, Strasbourg, France
Leonce and Lena, Chicago, Illinois, USA
Moquette, Venice, Italy
The World of Sholom Aleichem, Chicago, Illinois USA
Femmes, Strasbourg, France
Nightpiece & Cain, Schleswig, Germany
Pretty Women, Bern, Switzerland
Relatively Speaking, Basel, Switzerland
Two Times Chekhov, Basel, Switzerland
Leonce and Lena, Pratteln, Switzerland

2 Dance and Theater Pedagogy

- 1968 / 1969 Administration of the Chicago Park District,
Establishment and direction of a community theater in South Chicago.
Teaching dance and movement improvisation to all age groups, directing plays.
- University of Chicago,
Department of Sports and Physical Education
Master class in German Expressive Dancing
- 1969 / 1970 University of Jyväskylä, Finland
Research project in the application of modern dance to the training of olympic athletes
- 1970 / 1971 Municipal Theater School of Helsinki, Finland
Guest lecturer: Dramaturgic application of movement
- Union of Finnish Dance Artists, Helsinki, Finland
Dance Training for professionals, laymen and children
- Municipal Theater Helsinki, Finland
Movement training for actors and dancers
- University of Wisconsin, Milwaukee. Artist in Residence,
Fine Arts College. Lecture series: Movement Composition for the Proscenium Stage
Dance Division: Modern Dance training
- International Dance Festival, Kuopio, Finland,
Modern Dance Training
- 1978 Free Art Academy of Utrecht, Netherlands
Workshop: Dance Composition
- Cultural Center of the City of Strasbourg, France
Workshops: Movement Composition for the Theater
- 1978 - 1983 Founding and direction of the Center for the Scenic Arts,
(Les Arts Scéniques) in Strasbourg & St Remy de Provence, France
- 1979 International Forum for Theater Pedagogy, Santarcangelo di Romagna, Italy
Traditions of Western Theater. Seminar: Movement Direction for the Proscenium Stage
- 1981 Remscheid Academy, Germany
International Rhythmic Conference,
Workshop: Elements of movement composition
- 1982 J.W.Goethe-University Frankfurt, Germany
Sport Division,, Direction : Professor Ernst Kiphard,
Workshop in creative dance

- 1985 - 1990
Kleine-Nestler School Munich, Germany
School for Gymnastic Teachers,
Movement education and Dance Composition

Licensing by the Bavarian Government for teaching movement education
and composition in higher schools of learning
- 1985 - 1990
Kleine-Nestler School Munich, Germany
National School for Gymnastic Teachers
Direction of a certificate course in Movement Analytic Dance Pedagogy
- 1987
Ludwig-Maximilian University, Munich, Germany
Institute for Theater Arts. Seminar: Motor Analysis and Movement Evaluation
- 1988
University of Salzburg, Austria. Sport Institute,
Seminar: Movement Analysis as an Educational Approach
- 1992 - 1993
Grant by the German Research Community (DFG)
Institute for Theater Arts of Ludwig-Maximilian-University, Munich,
Research: Motoric parallels between popular and theatrical dancing
in the the 20th century
- 1993
Mimos Festival. Bordeaux, France
Symposium on Gesture. Seminar: Body image and the language of artistic movement
- 1994
University of Giessen, Germany. Department of Theater Arts.
Guest lecturer: Motor Evaluation and Interpretation of
Vaclav Nijinsky's ballet, The Afternoon of a Faun (1911)
- 1995-1996
University of Giessen, Germany. Department of Theater Arts
Guest Professor. Seminar: Motricity and Metaphor
- 2001 – 2004
Swiss Musical Academy (SMA), Bern
Teaching Performing, Dance training, Acting classes

3 Therapy

- 1972 - 1974 Chateau Ste. Suzanne, Mayenne, France
practice under psychoanalytic supervision
- 1979 - 1980 adult groups in Strasbourg, France
- 1983 - 1985 Dietrich Langen School for Dance Therapy, Monheim, Germany.
School director and educational director;
Regular teaching subjects: dance technique,
composition, dance history, psychoanalytic- oriented
treatment approach, Effort-Shape notation, curriculum
planning, examinations. introductory seminars, workshops
- Private practice with neurotic clientele in Langenfeld, Germany
- 1984 - 1987 Annual Congress of Adlerian Individualpsychologists,
Delmenhorst, Germany. Seminar: The Dream and Dance
Co-direction with Dr. Rainer Schmidt,
scientific director of the Alfred Adler Institute, Aachen, Germany
- Alfred Adler Institute, Aachen, Germany
Dance therapy seminars: the dream.
Co-trainer with Dr. Rainer Schmidt
- Eugen Keidel Spa, Freiburg Germany
Workshop series: Dance Therapy for Physiotherapists
- 1986 - 1990 private practice in Munich, Germany
- 1986 - 1995 Austrian Association for Dance Therapy (GTTÖ),
Chairman and educational director,
Establishment of my curriculum in training programs
in Vienna, Altmünster am Traunsee, and Lustenau, Vorarlberg
- 1986 Annual Psychotherapie Congress in Lindau, Germany
Seminar: The Dream and Dance. Co-trainer: Dr. Rainer Schmidt
- Institute for Dance Therapy in Hamburg, Germany
Guest Seminars.
- National Psychiatric Institute for Medical Rehabilitation
in Budapest, Hungary. Introductory training workshop in
psychoanalytically-oriented dance therapy
- Alfred Adler Institut Aachen, Germany
Guest trainer in the analytic training course
- 1987 - 1989 Institute for Dance Therapy Hamburg, Germany
Co-trainer: Petra Klein, BDP, DTR

- 1987 - 1993
Karl Franzens University, Graz, Austria
Institut für Medical Psychology and Psychotherapy
Psychotherapie Congress,
Trainer, annual dance therapy seminar
- 1987 - 1995
Psychotherapie Congress, Lindau, Germany.
Trainer, dance therapy seminars and theoretic seminars in movement analysis
- Musica, Nationale Congress for Music Therapy,
Hamburg, Germany . Lecture: Dance Therapy
- 1988
National Psychiatric Training Conference, Braunschweig, Germany.
Trainer, introductory workshop in dance therapy
- International Congress of Alfred Adler Individual Psychologists,
University of Münster, Germany.
Co-Presentation with Dr. Rainer Schmidt.
The Application of Body Movement in Adlerian psychotherapy
- 1989
Karl Franzens University, Graz, Austria
Institute for Medical Psychology and Psychotherapy.
Lecture: components of Body Image
- 1990
Annual National Teachers Training Conference in Stans, Switzerland.
Workshop: The Pedagogic Application Therapeutic Movement Understanding.
- Alfred Adler Institut, Zürich, Switzerland.
Introductory seminar in dance therapy
- 1990 - 1994
supervisory activity in Switzerland, Austria and Germany
- 1991 - 1994
German Institute for psychoanalytic-oriented
Dance and Expressive Therapy (DITAT), Bonn, Germany
Direction: Bernd and Sabine Trautmann-Voigt, DTR
Training seminars in dance therapy
- 1993
Alfred Adler Institut Zürich, Switzerland
Introductory seminar in dance therapy
- Medical Center, Bad Ragaz, Switzerland
Introductory workshop for physiotherapists.
- 1994
Recognition by the Austrian National Board for Psychotherapy (ÖBVP)
of the Institute for movement analysis and
five year curriculum "Movement Analysis, Cary Rick Method"
as extended training in psychotherapy
- Psychiatric Clinic Beverin in Casis, Switzerland
Introductory seminar in movement-analytic therapy
- "Practice Group Bregenz", national Austrian social - psychiatric service.
Supervision

- Founding and Direction of the Institute for Movement Analysis,
(Institut für Bewegungsanalyse, IBA) for training and research in
Switzerland, Germany and Austria
- 1994-1996
Vienna Conservatory, Division of Dance-Movement Education.
Annual workshops in movement-analytic therapy
- High School for Social Pedagogy in Zürich, Switzerland.
Workshop in movement analysis as the basis of an educational
approach to the handicapped and special groups
- 1994-2014
Founder and Director, Institute for Movement Analysis
(Institut für Bewegungsanalyse, IBA)
in Switzerland, Germany and Austria.
- 1995
Clinic Königsfelden, Switzerland.
Workshop in movement analytic therapy
- 1996
Cantonal Psychiatric Clinic, Königsfelden
Brugg, Switzerland. Supervision.
- 1997
"Leib oder Leben". 3. International Symposium für Body Psychotherapy Methods.
Univ. Clinic for Medicinal Psychology, Karl Franzens University, Graz, Austria.
Seminar: Introduction to Movement Analytic Therapy
Bad Gleichenberg, Austria
- 1997 - 2000
Seminar for Special Education, Zürich.
Guest Lecturer: Movement Analysis
- 1998
Gleichenberg Psychotherapy Congress.
Univ. Clinic for Medicinal Psychology, Karl Franzens University, Graz, Austria.
Seminar: Introduction to Movement Analytic Therapy.
Bad Gleichenberg, Austria
- 1999
Psychiatric Clinic. Oberwil, Switzerland.
Seminar: Movement Analysis.
- 2000
Membership in the Academy of Registered Dance/Movement Therapists (ADTR),
American Dance/Movement Therapy Association (ADTA).
International Recognition as Trainer and Supervisor
- 2000 - 2010
Training courses, Movement Analysis. Portugal.
- Private Practice for Movement Analysis, Zürich
- 2002 - 2007
Lindau Psychotherapy Congress
Seminar: Self Experience through movement Analysis
- 2002
Swiss Doctors for Hypnosis, Congress, Balsthal
Introduction to Movement Analysis

- 2002 - 2011 Intercantonal College of Special Education (HfH), Zürich
Lecturer: Movement Analysis
- 2005 - 2006 Psychotherapy Congress. Weimar, Germany
lecturer: Self experience through Movement Analysis
- 2007 - 2008 Swiss Association of Movement/ Dance & Body Therapy
Introduction to Movement Analysis
& Motor development and The Sense of Self and. Zürich
- 2009 - 2010 Supervisor
Psychomotoric Therapy Center, Canton: Basel Land,
Switzerland

4 Publications

Books

Tanztherapie - eine Einführung in die Grundlagen
(Dance Therapy - an Introduction to the Fundamentals).
Stuttgart: Gustav Fischer Verlag. 1989

Fünf Themen - Zu Theorie und Intervention in der Tanztherapie
(Five Themes - Theory and Intervention in Dance Therapy).
GTTÖ: Lugano 1992

Bewegungsnotation Gontenschwil, IBA.Switzerland. 1995
(Movement Notation)

Articles

From Dynamics, Simply. Dance Scope. New York.Volume 4. 1970

Seduction. Dance Scope. New York. Volume 5. 1970

Von Bühnentanz zur Tanztherapie I
(From Theater Dance to Dance Therapy I).
Vienna: Tanz Affiche. Nr. 7. 1988

Von Bühnentanz zur Tanztherapie II. Tanz Affiche. Vienna. Nr. 8. 1988
(From Theater Dance to Dance Therapy II).

Soziale Wirklichkeit des Körpers. Berlin: Tanz Aktuell. Nr. I. 1989
(The Social Reality of the Body)

Tanztherapie versus Körperarbeit. Berlin: Tanz Aktuell. No. II. 1989
(Dance Therapy versus Body Work)

Grundthesen zur Tanztherapie. Berlin: Tanz Aktuell. No. III.1989
(FundamentalTheses for Dance Therapy).

Auf Schwarzem Grund, die Kunst der Dore Hoyer
(On Black Ground: The Art of Dore Hoyer)
Berlin: Tanz Aktuell, No. V.1989

Die Kameliendame, für Rosalia Chladek.
(Camille, for Rosalia Chladek).
Vienna: Tanz Affiche, Nr. 23. 1990

Die Bewegungsadaption
(Movement Adaption).
Vienna: Tanz Affiche, Nr. 24. 1990

Das Auge des Betrachters - Bewegungswahrnehmung
und Bewegungsinterpretation im Theatertanz.
(The Eye of the Beholder - Movement Perception and the Interpretation of Theatrical Dancing).

Vienna: Tanz Affiche, Nr. 31. 1991
 1st Prize. Best published essay. Union of Austrian Journalists.

The Eye of the Beholder- Movement Perception
 and the Interpretation of Theatrical Dancing.
 New York: Dance Chronicle, Volume 14, Nr. 1. 1991

Bewegung zur Identität, 1. Teil.
 (Moving toward Identity 1st part).
 Vienna: Tanz Affiche, Nr. 39. 1992

Bewegung zur Identität, 2. Teil.
 (Moving toward Identity, 2nd part).
 Vienna: Tanz Affiche, Nr. 41. 1992

Zeichen und Substanz - Die Körperbewegung als Forschungsquelle und Laban Movement Analysis.
 (Sign and Substance - Body Movement as a Primary Research Source and Laban Movement Analysis).
 Vienna: Tanz Affiche. June, 1994

Bewegungsanalyse, Methode Cary Rick. Vienna: Psychotherapie Forum. June 1994
 (Movement Analysis, Cary Rick Method)

Crosscurrents in German and American Modern Dance. American Journal of Dance Therapy (AJDT)
 Washington. Juni 1998

Intimität: Die Bedeutungen von Nähe im Kontext der Identität. IBA. Gontenschwil: 1998

Skripten zur Ausbildung 1, 2 & 3. Gontenschwil. IBA 1998

Wörterbuch der Psychotherapie. Beiträge: Tanztherapie & Bewegungsanalyse, Methode Cary Rick.
 Springer. Vienna/New York. 1999

Movement and Meaning. In: Psychoanalytic Inquiry. Ed: Joseph D. Lichtenberg
 Analytic Press. Hillsdale, New Jersey. 2001

Bewegungsanalyse, Methode Cary Rick und die Internationale Klassifikation der Funktionalität
 und Gesundheit (ICF). Bucher-Hunziker, Celia, Berger-Perceval, Dominique; Gamma-Sanden, Elke; Rick,
 Cary. Editor: IBA. Basel. 2011